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Iechyd Cyhoeddus
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Wales

Alcohol Brief Intervention training

Free 2 Hour Course!

Aim: to increase your confidence in raising the issue of alcohol use and motivating and supporting individuals to change their drinking behaviour through brief intervention.

The course will increase your :

Understanding of the scale of the alcohol problem in Wales and how brief interventions work.

Knowledge of how to use the tools & techniques of brief interventions.

Skill to successfully deliver brief interventions

For more information or to book a place, please contact
Sadie.Alexander@wales.nhs.uk or Caroline.Mullins@wales.nhs.uk
or call us at Cardiff and Vale Public Health Team on **029 21 832 122**