



Carers Week™



Do you provide support to a member of your family or friend who has an illness or disability in the Vale of Glamorgan?

Come and find out what help is available at the following venues:

- **Monday 11th June 2018 9:30am – 11:30am**
Court Road Surgery, Barry
-Pop along for a chat with Wellbeing4u, Digital Communities Wales, Communities for Work/ DWP, Rondel House and James Livingstone, Vale's Carer Development Officer
- **Monday 11th June 2018 9:30am – 11:30am**
Vale Group Practice, Porthceri Site, Barry
-Telecare and Vale's Carers Support Officer
- **Monday 11th June 2018 2.:30pm – 4.30pm**
Waterfront Medical Centre, Barry
-Pop along for a chat with Hafal, Adult Education, Carers Wales, Wellbeing4u, Carers Trust South East Wales and James Livingstone, Vale's Carer Development Officer
- **Tuesday 12th June 2018 9:30am – 11:30am**
Cowbridge Practices
-Pop along for a chat with Recovery Cymru, Greenlinks, Telecare, Care and Repair, Alzheimer's Society, YMCA Young Carers Project and Vale's Carers Support Officer

- **Tuesday 12th June 2018 2.30pm – 4.30pm**
Eryl Surgery, Llantwit Major
 -Pop along for a chat with Greenlinks, Alzheimer's Society and Vale's Carers Support Officer
- **Wednesday 13th June 2018 9:30am – 11:30am**
Practice of Health, Barry Road, Barry,
 -Pop along for a chat with Wellbeing4u, FIS & Dewis and Vale's Carers Support Officers
- **Wednesday 13th June 2018 9:30am – 11:30am**
Highlight Park Medical Practice, Barry
 -Pop along for a chat with Recovery Cymru, Greenlinks, FIS & Dewis, Digital Communities Wales, Communities for Work/ DWP and Vale's Carers Support Officers
- **Wednesday 13th June 2018 2.30pm – 4.30pm**
West Quay Medical Centre, Hood Road, Barry,
 -Pop along for a chat with EPP Cymru, Greenlinks, Telecare, Wellbeing 4U, Digital Communities Wales, Communities for Work/ DWP and Vale's Carers Support Officers
- **Thursday 14th June 2018 9:30am – 11:30am**
Dinas Powys Health Centre, Dinas Powys
 -Pop along for a chat with Hafal, Digital Communities Wales, YMCA Young Carers Project, Dinas Powys Voluntary Concern, and Vale's Carers Support Officers
- **Thursday 14th June 2018 2.30pm – 4.30pm**
Redlands Surgery, Penarth,
 -Pop along for a chat with Telecare and Vale's Carer Development Officer
- **Thursday 14th June 2018 2.30pm – 4.30pm**
Stanwell Road Health Centre, Penarth,
 -Pop along for a chat with Digital Communities Wales, Carers Trust SE Wales and Vale's Carer Development Officer

Other Events

Carer and Telecare Information Stands in Barry Library, Monday - Friday
Royal British Legion Tea Dance in Cardiff, Wednesday 1 – 3pm
Manual Handling Course for Carers in Barry, 9.30 – 3.30 Thursday 14/6/18

FOR FURTHER INFORMATION CALL 01446 704604

OR VISIT www.valeofglamorgan.gov.uk/carers